



1

Faith is trusting in what you can't see because of what you can see. Tough thing to do, huh? It goes against the old expression, "Seeing is believing." But God asks us to have faith in Him, and He rewards that faith.

**Read Hebrews 11:1.** We wrote our own definition for faith. Now you write your own.



ASK God to increase your faith in Him.



**Read Genesis 1:1-2.** (Challenge: read all of Genesis 1.)

We weren't here first, you know. That's right. God created everything: night and day, land and sea, vegetable and fruit, bird, fish, and land-loving animal. And then He made us humans ... in His image ... to benefit from it. God loves His people so much that He once told a group of them that He had written their names on the palms of His hands. (See Isaiah 49:16.) Our hands, our hearts, our whole bodies are living testimonies to the fact that God exists. Think about that for a bit!

Now, return the favor and write God's name on your hands. Get some washable markers.

—○ On one hand write, "I am" and on the other write, "God's."

OR

—○ Write, "I belong" on one hand and "to the Lord" on the other.

THANK God for showing you He is real.

4

For more ideas about putting faith into action, visit [www.studio252.tv](http://www.studio252.tv).

2

**Read Psalm 19:1-4,** and then go outside. Look at the sky. Look at the sun. (Not directly—ouch!) Close your eyes and feel the heat. Stand there and think for a few minutes about what the God who created this amazing place must be like. What kind of being could make a world like the one we live in?

Write some descriptive words about God here:



PRAY (with your eyes open) about being faithful to the one who made all that you see.



**Read Romans 1:20.**

God's creation tells us about Him. Created things are one way He shows us He is real. And because these real things are so beautifully designed (think what would happen if the stars weren't securely up in the sky or if you didn't have any skin on), we know we can trust Him to make something good and beautiful in our lives, too!

Go outside and find one of each of these kinds of things:

- Soft
- Hard
- Fuzzy
- Rough
- Smelly
- Ugly
- Smooth
- Green
- Bumpy
- Prickly
- Brown
- Silky
- Moving
- Sticky

ASK God what He wants you to learn about Him from what you've found.

3

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